

Alex MAN 萬梓良 (b. 1957.7.25)

Actor

Born in Taiwan and raised in Hong Kong, Man is a native of Bao'an, Guangdong. He had studied at the Department of Communication of Hong Kong Baptist College. He enrolled in Rediffusion Television's (RTV) performing artist training programme at the age of 19, and rose to public prominence with the series *The Third Master's Sword* (1977). He then appeared as a leading actor in other RTV series such as *Dragon Strikes* (1979) and *Dynasty* (1980).

Man made his first film appearance in *The Secret* (1979), directed by Ann Hui. In 1982, he joined Shaw Brothers and was cast in *Buddha's Palm* (1982), *Bastard Swordsman* (1983), *An Amorous Woman of Tang Dynasty* (1984) and *Let's Have a Baby* (1985). He was nominated for the first time for Best Actor at the Golden Horse Awards for his role in *Hong Kong Hong Kong* (1983). In the mid-1980s, Man was twice nominated for Best Leading Actor at the Golden Horse Awards for his performances in *Hong Kong 1941* (1984) and *Brotherhood* (1986), both produced by D & B Films. He was skilled at playing vicious and violent triad figures. For his role as a Taiwanese triad figure in *Gangland Odyssey* (1988), Man won Best Leading Actor at the 25th Golden Horse Awards.

Man has appeared in over 70 films, mostly gangster action flicks. He was seen appearing in *Long Arm of the Law II* (1987), *As Tears Go By* (1988), *Fight to Survive* (1989), *Return to Action* (1990) and *Casino Tycoon* (1992), etc. With the triumph of the *Young and Dangerous* film series in 1996, Man also appeared in two of the later instalments (IV and V, 1997-98). His spirited performance as the gang's successor Chiang Tin-yeung in *Young and Dangerous: Reloaded* (2013) provided some of the best highlights in the series.

Man portrayed a variety of roles including macho men with tender hearts, in *Rouge* (1988), *Law or Justice* (1988) and *Running Mate* (1989). He took on the role of a gigolo for the first time in *Hong Kong Gigolo* (1990). In 1993, Man co-starred with Jiang Wen, the equally high-caliber Mainland actor, in the Mainland-Hong Kong co-production *The Trail*.

From the mid-1980s to the mid-1990s, Man acted in both television and cinema. He starred in many popular and memorable television series for Television Broadcasts Limited (TVB) including *The Feud of Two Brothers* (1986), *The Justice of Life* (1989), *Big Family* (1991), and *The Key Man* (1992). Man started his clothing business in the Mainland during the mid-1990s, and later returned to television, film and theatre. He portrayed Ng Cho-fan in *Bruce Lee My Brother* (2010), and was nominated for Best Supporting Actor at the Hong Kong Film Awards for *The Bounty* (2012). His other acting credits include *Zombiology: Enjoy Yourself Tonight* (2017) and *I'm Livin' It* (2019).